

## Animal Assisted Therapy Program Student Evaluation Form

1. What school do you go to? \_\_\_\_\_
2. What grade are you in? \_\_\_\_\_
3. Who was your Canine Comprehension tutor? \_\_\_\_\_

4. After completing the Program, please tick whether the following statements are True or False:

Topics covered (please tick)	TRUE	FALSE
I learnt about mindfulness strategies		
I know more about naming my feelings now		
I know more about how my thoughts effect my behaviour and feelings		
I am more confident to talk to other students now		
I am more likely to ask someone for help when I need it now		
I have better communication skills now		
I know how to calm myself down more now		
I know how to take breaks when I need to now		

5. After completing the Program, please tick whether the following statements are True or False:

Overall (please tick)	TRUE	FALSE
I feel less anxious now than when I started the program		
I feel more connected to other students at school now		
I feel better able to deal with my emotions now		
I feel better about coming to school now		

6. What was the best thing about doing the Program?

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7. Any other comments?

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Thank you for your time!