



How Canine Comprehension fit into the care team

Some children have a hard time at school and can struggle with their learning and friendships as a result. Canine Comprehension support students in understanding their learning process better. A well trained dog and a tutor will work with an individual or a group throughout a term.

Through weekly attendance young people may now have more positive feelings about themselves and school. The presence of a dog can make awkward or tough conversations a little easier because the focus is not on the students. As a result, your child may feel less anxious, more in control of their emotions, or have made some new friends.

Our focus is to:

- Help them discuss their worries around learning
- Learn more about possible triggers
- Learn strategies and develop confidence in managing them
- Practice mindfulness techniques
- Assist young people develop interpersonal and social skills, manage their own emotions and develop empathy for others, enabling better connections in their learning environment.

Referral information:

Teachers, parents or caseworkers have referred students who :

- Worry or show signs of anxiety (especially if this impacts on their engagement with school/curriculum/peers and/or if it impacts on their attendance).
- Have difficulty regulating their emotions
- Have difficulty with social interaction

An eight-week program or tutoring with Canine Comprehension, may not be “enough” for their support needs. If you remain concerned about your young persons wellbeing you are welcome to continue tutoring and look into the other services we offer to support their education. If they have expressed that they feel sad, worried, disconnected, lonely or worthless, there are additional supports available to them and to you. Canine Comprehension does not position themselves in place of a counsellor or psychologist, however we often work alongside them,

Talk to us about being part of your young persons care team, so together we can look at support from a wholistic approach